		elops hand- co-ordination	Physical Development		Builds fine- motor skills			
Teaches about sequencing and patterns			Improves body control, poise, balance and co-ordination			Explores colour, shape and texture in two and three dimensions		
Mathematical Development		Offers opportu for counting, measuring and sorting			Use of different media and material fosters imagination		Creative Development	
Develops the concepts of size and shape		The Many Benefits of Messy Play					Focus on process over product enables individual interpretations	
Encourages representational play and story- telling							Informal context encourages confidence in communicating	
Knowledge and Understanding of The World		Enables risk- taking and experimenting a safe environ			Provides exposure to a rich and varied vocabulary		Communication, Language and Literacy	
Teaches cause and effect			Fosters children's natural curiosities				Provides opportunities for mark- making	
	Encourages a positive attitude to new experiences		Personal, Social and Emotional Development			Builds independence through choice		TO DO YES